



## **ANAPHYLACTIC PROTOCOL**

Camp Kirk's anaphylactic protocols have been developed to ensure campers with anaphylactic allergies are safe.

### **A. Nut Aware Camp**

- Camp Kirk is a “nut aware” camp.
- We ask all families and staff to read food, sunscreen and personal care item labels and send only nut-free products to camp.
- We make every effort to serve only nut-free products.
- We request campers do not bring any food from home.
- Meal times are monitored closely by camp staff who supervise and eat with campers during meals and snack times.
- If food containing products an individual is allergic to is served off-site (ex: ice cream store), a staff member will ensure that the food is consumed at a designated spot away from the individual with the allergy. That staff member will then follow-through to ensure hands and faces are thoroughly washed afterwards.
- If nut products are sent to camp by camper families, the items will be locked in a cupboard during the session, and returned to the child on departure day.

### **B. Epinephrine Auto Injectors (EAI ) - EpiPen®, ALLERJECT® and Emerade™**

- All campers who have an anaphylactic allergy will be required to have at least 2 EAI's at camp.
- EAI's must NOT expire before the last day of the camper's session – please double check expiry dates before sending them to camp.
- Each EAI must be labeled with the original label from the pharmacy.
- The 2 Epinephrine Auto Injectors will be used as follows:
  - One EAI must be carried at all times in your camper's own carrying case or fanny pack (referred to as the fanny pack).
    - On the first day of the camp session a name tag will be attached to the fanny pack for fast, easy identification of the EAI in the event of an emergency.
  - The second EAI will be referred to as “the spare”.
    - The spare should be sent to camp with all other medications

- It will be stored in an accessible, secure area in the Health Hub
- The spare will be used if a second dose of epinephrine is required in an emergency, in the case of a faulty auto injector, or if the camper misplaces the fanny pack.
- If the camper routinely carries 2 EAls in their fanny pack a third EAI must be sent to camp to be used as the “spare”.
- During extreme hot weather we encourage the camper and staff to check the EAI for any discoloration as a change in colour may mean it is ineffective.
- The camp’s EAI’s are located in the following areas:
  - Kitchen, Health Hub, Master First Aid Kit, Trip First Aid Kits, Car First Aid Kits, pool, and Eco Hut.

### **C. Anaphylactic Alert Posters**

- An Anaphylactic Emergency Plan Poster, with a current photo of the individual, will be created for each camper and staff who has a life-threatening allergy. Your child’s poster will be created by our healthcare staff, and reviewed and confirmed with the camper and caregivers on arrival day.
- Click here for the Anaphylactic Emergency Plan Poster: [Poster Template](#)

### **D. Programs**

- Swim
  - When at the pool, the fanny pack will be hung on a camper’s designated hook on the ‘Tag In/Tag Out’ Board to ensure easy access and protection from the sun.
  - When canoeing or swimming in any other location, the fanny pack will be stored with the designated First Aid Kit for the program area.
    - The camper and staff are responsible, together, to ensure that the fanny pack is placed in the appropriate location prior to swim/ canoe and is picked up by the camper as they exit from the swim/canoe areas.
- Canoe Trips
  - If a camper is going on a canoe trip, campers will be required to wear their EAI in their fanny pack. However, the EAI will be placed in a zip lock bag to provide water-proof protection.
  - The spare EAI will be placed in the waterproof first aid kit.

- Active Activities and Games:
  - During highly active times such as martial arts, rock climbing and high ropes course (when wearing the harness), the fanny pack will be placed with the program area's First Aid Kit. After the activity the camper will be expected to carry it.
- Camp Craft, Ecology, Archery, Drama and Pottery
  - The use of allergic products such as acorns, egg shells, nuts etc. will be taken into consideration when planning programs.

#### **E. Lost or Misplaced Epinephrine Auto-Injector**

- If an EAI is lost or misplaced every effort will be made to locate it quickly.
- If it cannot be found arrangements will be made for the camper to carry their spare.

#### **F. Benadryl**

- Benadryl will not be administered initially when treating an anaphylactic reaction. Benadryl is not the recommended treatment as it does not work to decrease the effects of an anaphylactic reaction itself and it may mask the signs and symptoms of an anaphylactic reaction.
- Benadryl may be used after epinephrine has been administered to help alleviate allergic symptoms.

#### **G. Managing an Anaphylactic Reaction on the camp site:**

- At the first sign of an anaphylactic reaction:
  - An EAI will be administered by a staff member who has been trained to recognise the signs and symptoms of an anaphylactic reaction and in the proper administration of an epinephrine auto injector.
  - The Healthcare Coordinator/ health staff will be contacted immediately
  - 911 will be called and the camper will be transported to the hospital with a staff member
  - While the above is taking place, parents or guardians will be contacted.

**If you have any questions or inquiries about the Camp Kirk Anaphylactic protocol, please contact the Camp Kirk office or email [campkirk@campkirk.com](mailto:campkirk@campkirk.com).**